

# EVALUATION AND TREATMENT OF TEMPOROMANDIBULAR DISORDERS

Steve L Kraus PT OCS MTC CCTT CODN

**DATE:** September 17-18, 2016 (Saturday 8:30 – 5:30 & Sunday 8:00 – 5:00)

**COURSE LOCATION:** TuDor Physical Therapy  
2860 Canfield Rd Youngstown, Ohio 44511

**TO REGISTER:** [www.TMDstevekraus.com](http://www.TMDstevekraus.com) **TUITION** \$425 US Dollars

**FORMAT:** Lecture and Lab / 15 Contact hours

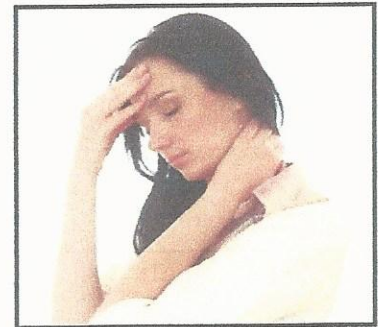
## SUMMARY:

Temporomandibular disorder (TMD) involves the temporomandibular joint(s) (TMJ) and/or masticatory muscles. TMD is a common source of jaw, headaches and orofacial pain and contributes to functional limitations associated with chewing, talking and yawning. An overview of clinical anatomy of the TMJ will precede a discussion of the common diagnostic subsets of TMD. An evidence based examination to diagnose and treat the common diagnostic subsets of TMD will be discussed and practiced in lab. Cervical spine influences on the management of TMD and headache will be highlighted. The rationale for oral appliances fabricated by the dentist will be discussed. Surgical and non surgical treatments for disc displacements will be reviewed. Post surgical physical therapy management of the TMJ will be discussed. The team approach between the physical therapy and dental professions will be highlighted throughout the course.

## OBJECTIVES:

Upon completion of this course, the participant will be able to:

- Identify and discuss the more common disorders of the TMD.
- Discuss and analyze the findings of a TMD evaluation.
- Understand the role of physical therapy in the management of TMD.
- Recognize the indications for intraoral mobilization techniques.
- Recognize the role of cervical spine management for cephalic symptoms.
- Assess the design of oral appliances in treatment of TMD.



## PRESENTER:

Steve Kraus is a physical therapist specializing in the treatment of temporomandibular and cervical spine disorders. He has been a practicing therapist for 40 years whose practice consists of TMD referrals from the dental profession. Mr. Kraus is a Clinical Assistant Professor for the Division of Physical Therapy Department of Rehabilitation Medicine, Emory University School of Medicine, Atlanta Georgia. Mr. Kraus is a Board Certified Clinical Specialist in Orthopedic Physical Therapy (OCS), is certified in Manual Therapy (MTC), is a Certified Cervical Temporomandibular Therapist (CCTT) and is certified in Orofacial Dry Needling (CODN).

Mr. Kraus maintains his enthusiasm for education. He has taught over 325 courses to physical therapists and physical therapy assistants on the evaluation and treatment of TMD. He has been invited to speak at over 75 dental study clubs and dental conferences to include the 59<sup>th</sup> Anniversary of the American Equilibration Society, Thomas P Hinman Dental Meeting and the American Academy of Orofacial Pain. Mr. Kraus is an editor, author and has co-authored a number of articles and chapters on temporomandibular and cervical spine disorders appearing in various dental and physical therapy publications.

Mr. Kraus is a member of the American Physical Therapy Association (APTA) and Orthopedic Section of the APTA. Mr. Kraus is an affiliate member of the American Academy of Orofacial Pain and is a board member of The Physical Therapy Board of Craniofacial and Cervical Therapeutics (PTBCCT).